

Run II

user guide

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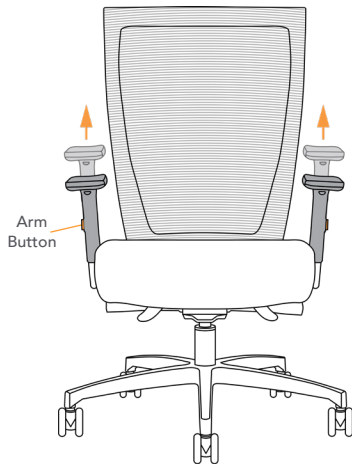
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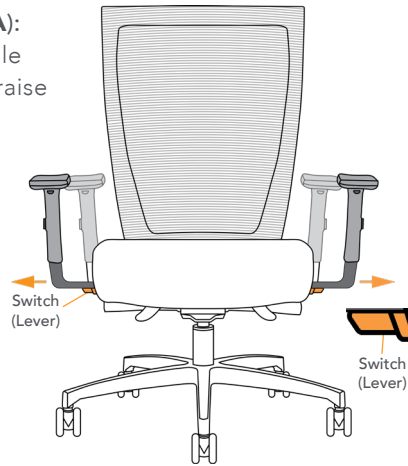
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38A height adjustable arm



Adjust arm height (38A):
Press "arm button" while
also pulling upward to raise
arms to desired height.



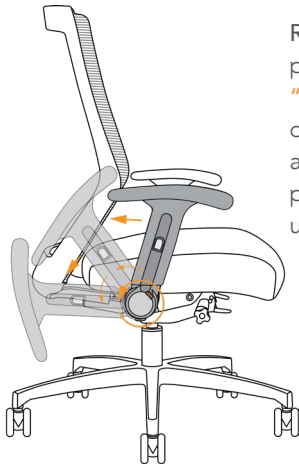
Additional Width Adjustment (Only applies to 19AB): Pull back on the "levers" under the arms to unlock and extend the arms outwards. Push forward on the levers to lock.

To put them back to normal simply just do the opposite. Unlock (pull back on the lever) and push the arms back in to place, and lock the arms by pushing the lever forward.

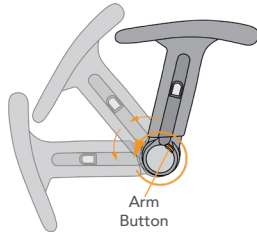
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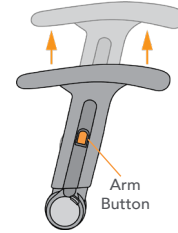
39A height adjustable roll back arm



Roll back arm feature: While pressing and holding the small "button" toward the top front on the silver circle, grasp the arm and roll back to horizontal position. Repeat to lift back to upright position.



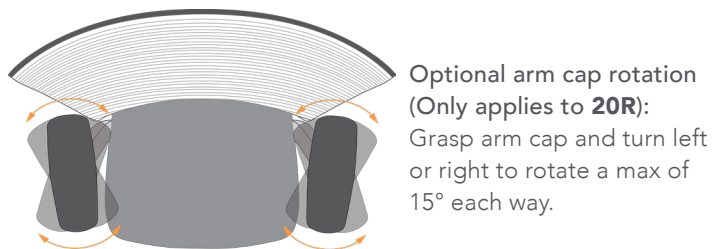
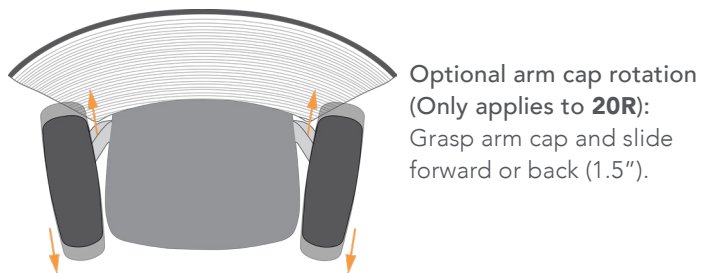
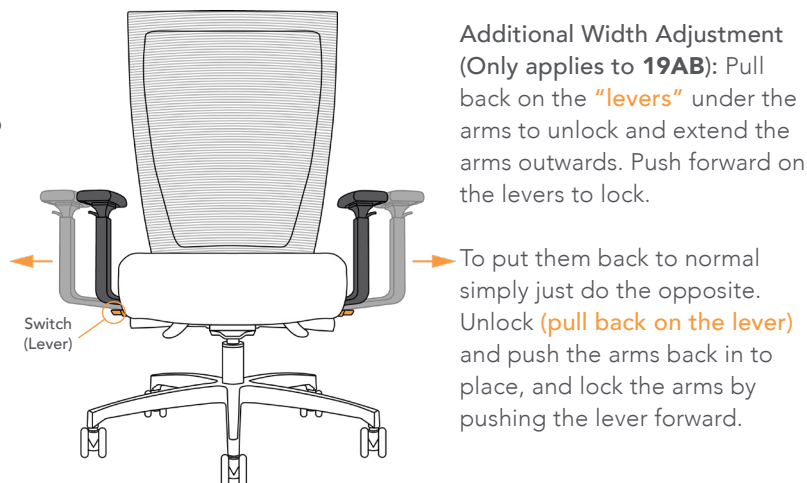
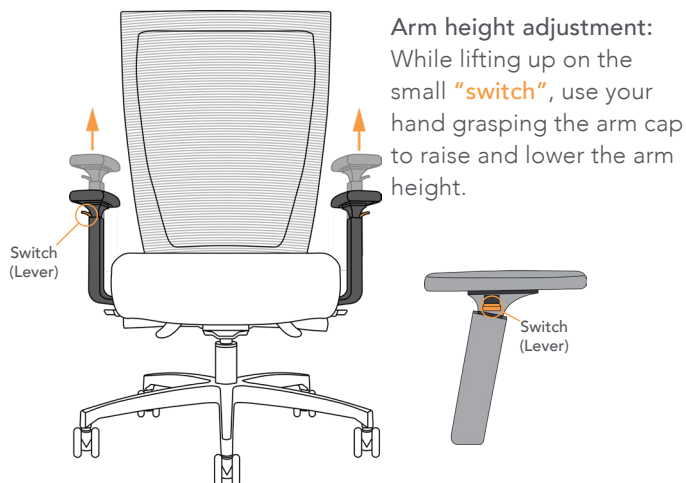
Arm height adjustment: While pressing the "button", use your hand to raise and lower the arm height



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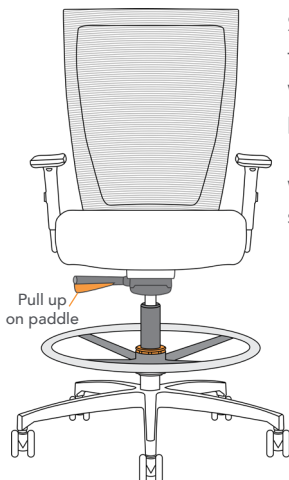
51A/51AG/53A adjustable height arm with 4-ways adjustable cap option



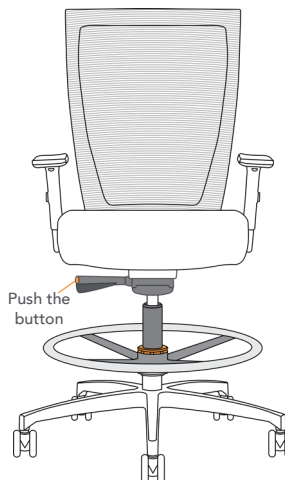
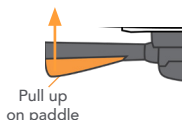
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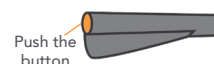
35C stool control mechanism



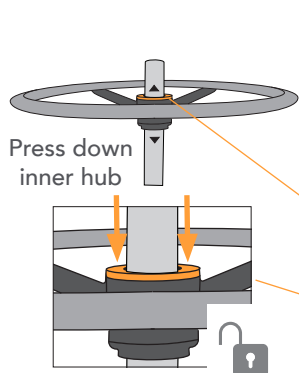
Seat height adjustment: Adjust the seat height by lifting your weight out of the chair and pulling up on the "paddle". Proper seat height is realized when the top of your legs are somewhat parallel to the floor.



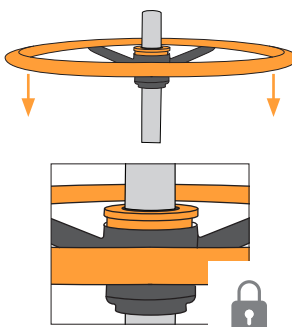
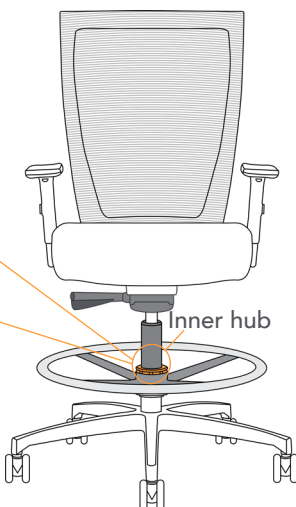
Back lock adjustment (single position): Use the same paddle as you use for the seat height adjustment. To lock the chair in an upright position, shift your weight forward until the chair is in an upright position, then push the "button" in. To rock (free float) shift your weight forward and push the button again.



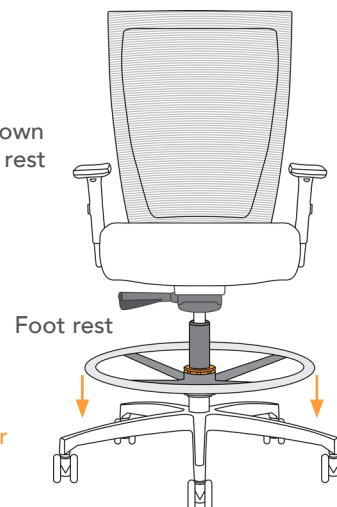
Foot ring adjustment 35C with 11DR/11XDR



Unlock foot ring: press down on the plastic "inner hub" and lift the foot ring up to unlock it. Adjust foot ring to desired position.



Lock foot ring: lock foot ring in place by pressing down on "outer foot rest" until hub is in "locked" position.

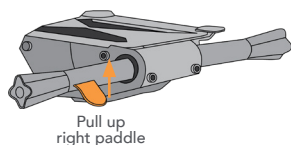


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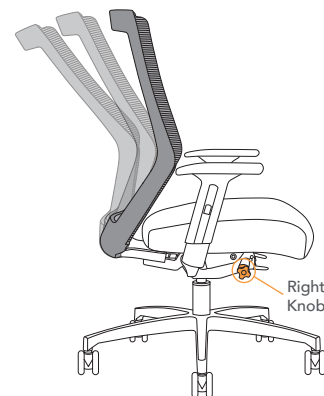
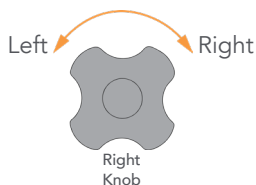
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64C/64CS stool control mechanism

Seat height adjustment: Adjust the seat height by lifting your weight out of the chair and pulling up on the **"right paddle"**. Proper seat height is realized when the top of your legs are somewhat parallel to the floor.

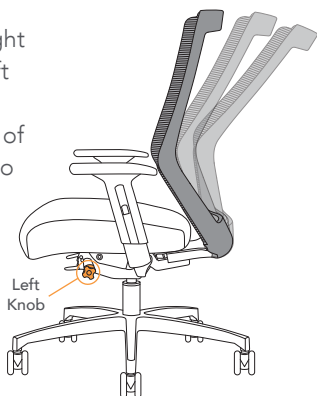
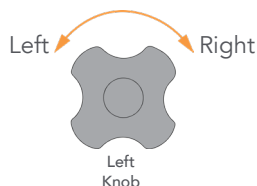


Back tension adjustment: Rotate **"right knob"** right to increase tilt tension. Rotate knob left to decrease tilt tension.

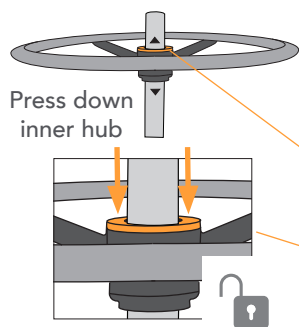


Back tilt lock adjustment

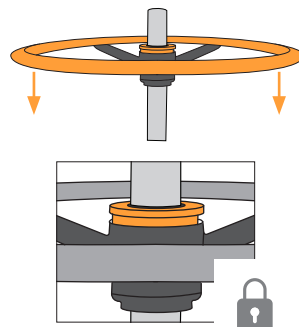
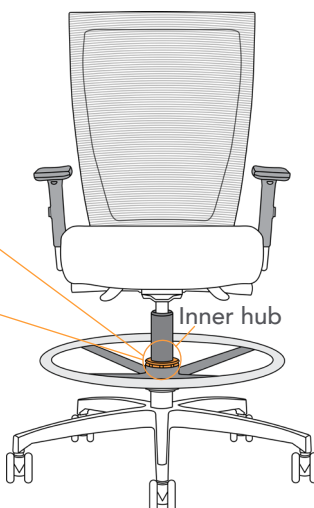
(3 position): Rotate **"left knob"** right to lock in position. Rotate knob left to unlock and free float. Use own back tension to push against back of chair and release back from chair to find desired position.



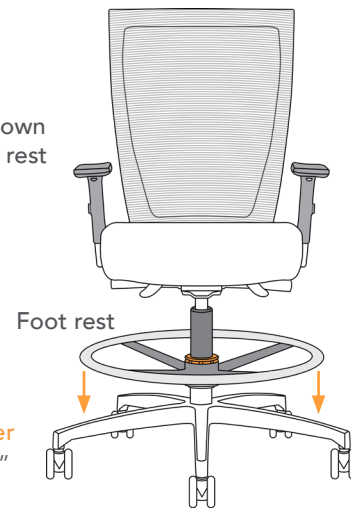
Foot ring adjustment 64CS with 11DR/11XDR



Unlock foot ring: press down on the plastic **"inner hub"** and lift the foot ring up to unlock it. Adjust foot ring to desired position.



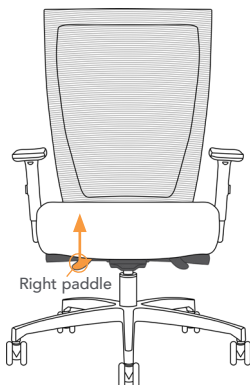
Lock foot ring: lock foot ring in place by pressing down on **"outer foot rest"** until hub is in **"locked"** position.



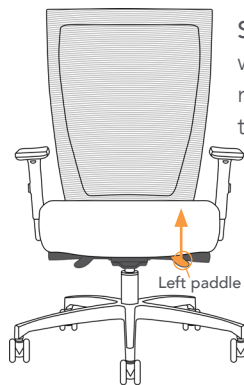
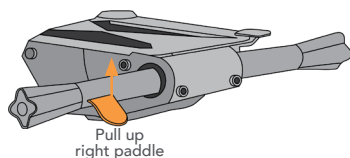
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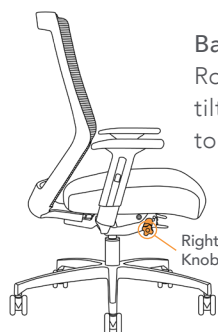
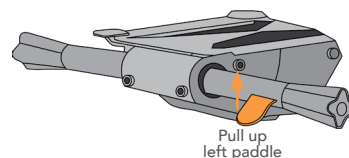
65C synchro with side tension adjustment control



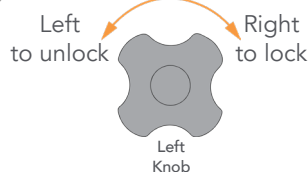
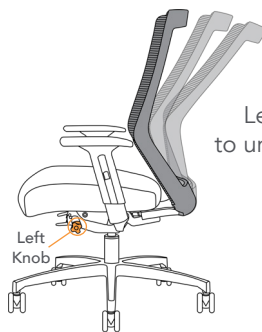
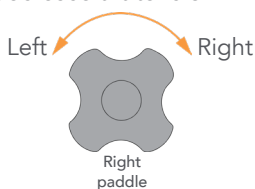
Seat height adjustment: Adjust the seat height by lifting your weight out of the chair and pulling up on the "right" paddle. Proper seat height is realized when the top of your legs are somewhat parallel to the floor.



Seat slider: Pull up on "left" paddle while shifting your weight forward to move your seat forward or backward to move your seat back.



Back tension adjustment: Rotate "knob" right Increase tilt tension. Rotate knob left to decrease tilt tension.



Back tilt lock adjustment (3 position): Rotate left "knob" right to lock in position. Rotate knob left to unlock and free float. Use own back tension to push against back of chair and release back from chair to find desired position.

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LR2 adjustable lumbar support

LR2 Run II mesh adjustable lumbar support (optional): lumbar position adjustment. From the seated position, use a hand to make adjustments by engaging the small, black lumbar “**adjustment lever**”. Slide the lever up to move the lumbar support up. Slide the lever down to move the adjustable lumbar support down.

